



Case Study Form
(To be used for multiple sessions)

CRA definition of Case Study: a case study is a single report of the experience and outcome of a Reiki session. This allows the Practitioner an opportunity to practice the theory and practical elements of Reiki, with a willing participant in order to meet the required criteria for application as a CRA Registered Practitioner, Teacher or Animal Practitioner.

You must do case studies with at least 3 different clients/animals. You may not accumulate all of your hours doing sessions with the same client.

One sixty (60) minute Reiki Session equals one case study. Sessions longer than 60 minutes will only equal one case study.

Practitioner Applicant Information:

Full Name: _____

Phone #: _____ Email: _____

Reiki Session Information:

Style of Reiki you are practicing: _____

Number of sessions with Volunteer Client: _____

Date of first session: _____ Type of Animal: _____

Length of first session: _____ (must be a minimum of one (1) hour in order to count as a Case Study)

How did your client respond to the Reiki Session? Comments and Observations:

Length of second session: _____ (must be a minimum of one (1) hour in order to count as a Case Study)

How did your client respond to the Reiki Session? Comments and Observations:



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Date of third session: _____

Length of third session: _____ (must be a minimum of one (1) hour in order to count as a Case Study)

How did your client respond to the Reiki Session? Comments and Observations:

Date of fourth session: _____

Length of fourth session: _____ (must be a minimum of one (1) hour in order to count as a Case Study)

How did your client respond to the Reiki Session? Comments and Observations:

Volunteer Case Study Client Information:

Full name: _____

Phone #: _____ Email: _____

Personal Information Release Statement:

This completed form will be used by the above named CRA Registered Practitioner Applicant as part of the case study requirements outlined by the CRA. Disclosure of this information is strictly confidential. Your signature grants the permission to release the above information to the Canadian Reiki Association Board of Directors exclusively. We guarantee all personal information for the above named volunteer will not be disclosed to third parties.

Volunteer signature: _____