



Educational Guidelines for Registered Teachers

ALL RT designated members **MUST SIGN** this form and return to the **CRA**.

The following guidelines must be signed and adhered to by all CRA Registered Teachers as “minimal” standards in conducting live Reiki classes. Other symbols, tools, and information above and beyond the outlined requirements are acceptable and encouraged provided they are directly related to Reiki, and the basic outlined criteria are taught in your classes. You must provide professional manuals for your students, and any additional material you hand out in class must not infringe on copyright issues.

Reiki Level One or First Degree Class

- The class must be a minimum of 8 hours long. One hour of the 8 hours may be assigned homework such as reading and further practice.
- Provide a professional quality Reiki Level I manual for each student.
- The teacher must give students their manual at the beginning of the class not at the end of the class.
- Review the history of Reiki.
- Discuss each of the 5 Reiki Principles/Precepts and emphasize how important it is for students to integrate these into their life on a daily basis.
- Give each student all the required Level One Attunements **BEFORE** they are engaged in any practical time such as a self-Reiki session or a practice Reiki session with another student.
- Demonstrate a Reiki self-session and have students practice the full self-healing session in class.
- Demonstrate the standard hand positions for doing a one-on-one Reiki session using a Reiki table. Before your class ends, each student must have given a full (one hour) Reiki session to another person or another student on a Reiki table.
- Demonstrate how to do a Reiki chair session. Allow practice time for the students
- The student must demonstrate to the teacher they have a clear understanding and ability to perform the hand positions on a volunteer student for a table, chair and self-reiki session prior to receiving a certificate.
- Provide a Reiki Level I certificate at the end of the class to each student.
- Your CRA designation and membership number must be on the certificate.
- Explain that all Level I students are eligible to apply for membership with the CRA as a Student Member. Direct students to the website to download the required documents which includes:

1. Scope of Practice
2. Code of Ethics
3. Disciplinary Action Policy
4. Code of Conduct
5. Case study forms (single and multi-forms)
6. Client information form

Inform students they can upgrade to Registered Practitioner once they have completed the criteria.



Reiki Level Two or Second Level

- New Students must provide their Level 1 Reiki certificate at time of enrollment.
- The Teacher will not accept the student into the class unless a Level 1 certificate has been provided.
- Provide a professional quality Reiki Level II manual for each student.
- A manual must be given to the student at the beginning of the class.
- The class must be a minimum of 8 hours long. One hour of the 8 hours may be assigned homework such as reading and further practice.
- Give each student the required Level Two Attunements BEFORE they are engaged in any practical time with the symbols or using the symbols with another student.
- The Reiki teacher may give individual attunements for each symbol prior to practice for that specific symbol. This method will be acceptable.
- Discuss the theoretical and practice use of the three traditional Reiki 2nd Degree symbols CKR, SHK, HSZSN and allow time in class for your students to practice the symbols.
- Demonstrate how to use SHK for mental/emotional healing and how to assist a client in releasing unwanted habits.
- Teach various methods of distance healing and allow time in your class for students to practice. The student must demonstrate to the teacher they have a clear understanding and the ability to draw and practice 2nd-degree symbols prior to receiving a certificate.
- Provide each student with a Reiki Level II certificate at the end of the class.
- Your CRA designation and membership number must be on your certificate
- Instruct students on what criteria is necessary to join the CRA and/or to upgrade their membership level.
- Direct non-members to the CRA website to download the documents required for membership. They include:
 - Scope of Practice
 - Code of Ethics
 - Disciplinary Action Policy
 - Code of Conduct
 - Case study forms (single and multi-forms)
 - Client information form

Explain the case study requirements for new members applying to the CRA. They must submit all twenty-four with the application. Completed case study forms will only be accepted if they were completed within the last twelve (12) months of applying.

If a student is a current Student Member of the CRA, then direct them to the upgrade requirements found in the Members Only section of the website.



Reiki Master Practitioner Level (**R.M.P**) (formerly known as Level III)

The following guidelines are only for the teachers who teach 4 levels of Reiki. Please be advised if you teach only three Levels of Reiki then please go directly to the guidelines for Master/Teacher and bypass these guidelines as this Reiki Master Practitioner level does not apply to you. **Stating on the certificate that this is a Reiki Master Practitioner and not Reiki Master will clarify the status of this class.**

- New Students to the class must provide their Level 1 & 2 certificates at time of enrollment.
- The Teacher will not accept the student into the class unless a Level 1 & 2 certificates have been Provided.
- Provide each student with a professional quality manual for the R.M.P. level at the beginning of the class.
- Remind the class a *Reiki Master Practitioner* is not permitted or qualified to teach any level of Reiki.
- The class must be a minimum of 8 hours long. One hour of the 8 hours may be assigned homework such as reading or further practice.
- If you are teaching an A.R.T. class than you must provide Wm. Rand's Reiki Advanced Reiki Training manual.
- Give each student their attunement for this level **BEFORE** they engage in any practical time.
- If this is an A.R.T. class, the attunements must be done **BEFORE** they engage in practical time with crystals, stones, or aura clearing (psychic surgery) or the Usui Master Symbol.
- Review Level I and II class material. Ask students if there are any questions.
- Discuss the theoretical and practical use of the traditional Reiki 3rd Degree (Master) symbol UDKM and allow time in class for your students to practice the symbol.
- Additional techniques such as Aura Clearing, the Reiki Moving Meditation and setting up a Reiki Crystal Grid, etc. may be taught "if" the teacher is familiar with these techniques.
- The student must demonstrate all techniques taught in this class to the teacher prior to receiving a certificate.
- Provide a **Reiki Master Practitioner** certificate at the end of the class to each student.
- Your R.T. Membership # **must** be on the certificate.
- Provide an **Advanced Reiki Training** certificate to your student if you are following Wm. Rand's A.R.T. Criteria. These certificates are obtained by the I.C.R.T.
- Remind former students who retained a Registered Student Membership on the protocol required to now upgrade to Registered Practitioner.

Direct the student(s) to the CRA website to download the documents required for membership. They will include:

1. Scope of Practice
2. Code of Ethics
3. Disciplinary Action Policy
4. Code of Conduct
5. Case study forms (single and multi-forms)
6. Client information form

Please be aware that this level does not apply if you are teaching classes with several levels outside of the familiar 3/4 levels of the Usui method.

Explain the case study requirements for new members applying to the CRA. They must submit all twenty-four with the application. Completed case study forms will only be accepted if they were completed within the last twelve (12) months of applying.

If a student is a current Student Member of the CRA, direct them to the upgrade requirements found in the Members Only section of the website.

Revised July 2019

_____ applicants initials



Master Teacher Level

The class must be a minimum of 12 hours long. One hour of the 12 hours may be assigned homework such as a reading and further practice. It is recommended to teach this class over a two 2 days period.

- New Students to the class must provide their Level 1 & 2 certificates at time of enrollment.
- The Teacher will not accept the student into the class unless a Level 1 & 2 certificates have been provided.
- Provide each student with a professional quality manual for the R.M.P. level at the beginning of the class.
- Completely review all previous levels of Reiki and answer any questions to bring clarity to students before proceeding any further in class.
- Give each student the Master Level Attunements required **BEFORE** they engage in practical time with either you or the other students.
- Discuss the theoretical and practical use of the traditional Reiki Master symbol DKM along with any other symbols you may teach at this level and allow time in class for your students to practice the symbols.
- Teach students how to perform attunements for all levels of Reiki and include plenty of actual hands-on practice in a class where each student practices doing these attunements with you or with another student.
- Allow time in class to share information on conducting Reiki classes, creating business tools appropriate for teaching Reiki, and business marketing ideas.
- Provide a Usui Reiki Master Teacher certificate at the end of the class to each student.
- Your CRA designation and membership number must be on the certificate.
- Provide a Reiki Master manuals outlining in detail the attunement process for each level.
- Advise your student(s) on what criteria is necessary to join the CRA and/or to upgrade their membership level.
- Direct the student(s) to the CRA website to download the documents required for membership. They will include:
 1. Scope of Practice
 2. Code of Ethics
 3. Disciplinary Action Policy
 4. Code of Conduct
 5. Case study forms (single and multi-forms)
 6. Client information form
 7. Teacher Guidelines
- **It is the Teacher's responsibility to show their Master Students how to develop original class outlines for all levels of Reiki they were attuned to.**
- Explain the case study requirements for new members applying to the C.R.A. They must submit all twenty-four case study forms with the application.
- If any student is retaining a Student Member designation, then direct them to the webstore to upgrade their membership. Remind student they must provide all documents and case studies.



Additional Comments

When applying for Registered Teacher Status, you must provide the class outlines for **ALL levels** of Reiki regardless if you plan to teach them at the present time.

Registered Teachers are to give students the link to the Teacher Evaluation forms the website. If the student does not have easy access to a computer, then give him/her evaluation forms for the levels taught.

They are asked to fill out the evaluation form(s) **at home in privacy** and mail or email it to the CRA within six (6) months from the date of the class. When they apply for membership they are to contact the CRA for a \$5.00 credit that may be used towards towards of their membership.

CRA Teachers are encouraged to host at least one student practice night or host a Reiki Circle or a Reiki Exchange once a month for the purpose of issuing CEU's to students.

CRA teachers are to provide practitioners a signed Continuing Educational Unit form at Reiki Shares and Trade Shows to be used as part of the their case studies.

CRA Teachers must visibly display their CRA designation and their CRA Membership Number on each certificate they issue to their students. **Example:** CRA-RT 19-001 will be displayed beside the Teacher's name.

You may also use the CRA Designation of **CRA-RT** beside your signature which is separate from your membership number.

Please sign this form after you have read all the Criteria Documents **thoroughly**. Be sure to make copies of all the forms for future reference before mailing it to the CRA.

Name: _____

(please print clearly)

Member No. _____

(if upgrading)

Signature: _____

Date: _____

Effective immediately newsletter submissions become the property of the C.R.A. for use in their printed and on-line newsletter. The on-line newsletter will be archived and available to the public for viewing. By submitting an article to the C.R.A. for publication, you agree to the article being available to the general public via the C.R.A website for an infinite time frame.

The CRA Board of Directors retains the right to decline membership, and it is not bound to provide an explanation of their decision.